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CUTTING EDGE *20th Anniversary
Special Edition*



The College of Surgeons of Hong Kong Newsletter
香港外科醫學院簡報

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Editorial

Year

2010 carries

a special meaning for us surgeons in

Hong Kong, as our College celebrate her 20th birthday. While 20

years is only a short period compared to the Quincentenary of the Edinburgh College,

it means, to most of us, more than a quarter of lifetime, and is certainly an important milestone for any professional institutes. It is for this reason the College has organised, starting from last November, a series of 20th anniversary functions and events for our young, not so young and senior fellows to celebrate this big occasion, ranging from radio programmes, celebrating spring dinner, Marathon Walk, Horse Racing Night, Golf Day, and so on so forth. You might have already met each other during some of these friendly encounters. This special edition of Cutting Edge is just another highlight, published in memory of the 20th anniversary. Please continue to take some time off your busy schedule to join and support us during the anniversary functions; your participation helps heighten the fraternity of the College.

We must take this opportunity to express our thanks and gratitude to Dr Chad Tse and those fellows who have spent many days and nights in organizing these activities for us.

For those younger fellows who are interested in the history of the College - and by the way, history is not always boring - you are strongly recommended to read the messages by the past presidents, including the article by Dr CH Leong, the founding president. You'll soon smell the sweat and tears from our predecessors in leading the College to what she has become today. The setting up of a conjoint examination with an overseas college in Hong Kong, the implementation of a territory-wide CME programme covering both public and private sectors, for instance, are impossible to achieve without the greatest determination.

We have now in the College a well-defined, systematic surgical curriculum, an open, transparent and fair examination system, annual scientific meeting and many other academic and training activities, and good and efficient CME programme, etc. As we enjoy the fruits planted by our predecessors years ago, we must not forget to pay tribute to them. And the best way to do this is highlighted by the last statement from Professor KH Lo during the interview: "Be more active in participation of the College activities".

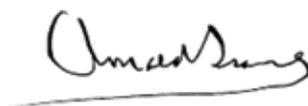
ACT NOW!

Dr Cliff C C CHUNG
PYNEH

Congratulatory Remarks



Congratulations to the College of Surgeons of Hong Kong on its 20th anniversary. The College has commendably nurtured surgeons serving our community with dedication and professionalism. I wish the College every success in the years to come.



Mr Donald TSANG
Chief Executive
Hong Kong Special Administrative Region



On the occasion of the 20th anniversary of the College of Surgeons of Hong Kong, I extend my hearty congratulations to the College for the many contributions it has made in promoting and advancing the practice of surgery in Hong Kong.

Since its inception in 1990, the College had made impressive strides in fulfilling her mission of enhancing the standard of practice of surgery, conducting postgraduate training, examinations and accreditation of surgeons and providing Continuing Medication Education for surgeons in Hong Kong. Its journal, *Surgical Practice*, has been providing an excellent platform for exchange of academic ideas and research findings, and has benefited academics and professionals in the field for more than 10 years.

With a surge of elderly population in our community and signs of increasing occurrence of lifestyle-related and malignant diseases, the healthcare system in Hong Kong is experiencing increasing pressure. These pose an imminent need for surgical professionals to cater for the great demand of surgeries among public hospitals. Under the staunch effort and dedication of committed fellows, the College of Surgeons is committed to training fully-fledged surgeons to save patients through high standard of surgery.

Surgery is a demanding medical stream, as many new surgeries are emergent and patients come in critical condition. However, the steady number of medical students enrolled in surgical streams speaks volumes that many medical professionals are ready to take up the challenges as a surgeon. I believe the College has not only trained surgeons with a good pair of healing hands, but also nurturing surgeons with healing souls.

As the College advances to its 20th anniversary, I am sure we shall continue to witness the College grows from strength to strength and brings hopes to the sick.



Prof. York Y N CHOW
Secretary for Food and Health Bureau



香港外科醫學院二十周年誌慶

醫術精湛享盛名
杏林國手創新天

醫院管理局主席胡定旭



Congratulatory Remarks



It gives me great pleasure in congratulating the College of Surgeons of Hong Kong on its 20th Anniversary.

Over the past 20 years, the College has been dedicated to enhancing the professional development and training of surgeons. It is committed to upholding high standards of practice for the profession through conducting structured fellowship examination and accreditation of surgeons in Hong Kong. With the rapid expansion of medical knowledge and skills, the College will no doubt continue to play an important role in promoting lifelong learning and providing quality educational program for its members.

The College has now developed into an acclaimed institution. I envisage continued close collaboration between the College and the Hospital Authority. On this joyous occasion, I extend my best wishes to the College for its continued success in the years ahead.

A handwritten signature in black ink that reads "Shane Solomon".

Mr Shane SOLOMON

*Chief Executive
Hospital Authority*



It gives me great pleasure to note the commemoration of the College of Surgeons of Hong Kong for its two decades of success. Since its establishment in 1990, the College has made significant contributions to the advancement of the practice of surgery in Hong Kong through provision of postgraduate training and fostering continuous professional development. We are proud to have top surgeons and surgical centres in Hong Kong which are well recognized internationally. This could not have been possible without the well structured training systems provided by the College.

The College shares with the Department of Health a number of common goals such as promoting the standard of healthcare professionals and health services, as well as the same goal to bolstering the health and wellbeing of our community.

Success breeds success and elite cultivates elite. We believe the College of Surgeons of Hong Kong would continue to excel with her impressive record of service and contribution in surgery through the joint efforts of the esteemed members. Congratulations and Happy Anniversary!

A handwritten signature in black ink that reads "PY LAM".

Dr PY LAM

Director of Health

Congratulatory Remarks



I wish to extend my warmest congratulations to the Hong Kong College of Surgeons and its fellows on your 20th Anniversary.

Over the past 20 years, the College has gone from strength to strength and is the vanguard in the provision and the development of postgraduate training in the field of surgery in Hong Kong. It has made valuable contributions for the training of qualified Surgeons in the provision of medical services to the community, as well as promoting the advancement of surgical education and practice through international collaboration and sharing.

The contributions made by the College have been recognized and appreciated by members of the medical profession and the community. On this memorable occasion, I would like to thank the College for its wholehearted dedication to serving the medical profession and wish the College every success in the years to come.

Prof. Felice LIEH-MAK

Chairman

The Medical Council of Hong Kong



On behalf of the Hong Kong Academy of Medicine, I would like to send warm regards and congratulations to the College of Surgeons of Hong Kong on its 20th Anniversary.

As one of the constituent Colleges of the Academy, the College has been working closely with and assisting the Academy in discharging its statutory roles in setting standards in training of specialists in Hong Kong. With various medical advances and the world trend of reducing doctors' working hours, there is a strong need to modernize the training system to produce Fellows meeting the needs of the society in a sustainable manner, under limited time and resources available. The College, after lots of hard work,

has progressed well to reform their surgical education and training curriculum to meet the need. Since its establishment, the College has entered many phases of development, including establishing closer collaboration with the Mainland in accrediting the surgical training and centers there.

On this special occasion, I would like to congratulate the College again on its achievements in the past and wish the College every success in their future endeavours. I look forward to witnessing further development of the College as it enters its third decade.

Prof. Raymond LIANG

President

Hong Kong Academy of Medicine

Congratulatory Remarks



It is a great honor for me to take this chance to celebrate the 20th anniversary of CSHK.

On behalf of the Chinese Society of Surgery, I'd like to say, as part of China, Hong Kong has contributed a lot to the world and China especially in the past 20 years, and so has the College of Surgeons of Hong Kong. CSHK has been being a window to let the world to know more about Chinese surgical sector and surgeons and has become a more and more important gate for Mainland China surgeons to get closer connections with the international surgical communities. Through this window and this gate, most modern knowledge and theories, advanced techniques, latest discoveries and experiences were shared and exchanged. The International standards in surgical training and practice has more and more frequently introduced to Mainland China surgical sector.

As more and more sectors of Hong Kong has integrated with Mainland China which has the largest population and market, the closer and closer collaboration between the Chinese Society of Surgery and the College of Surgeons of Hong Kong will mutually benefit each other and most importantly will continue to contribute more to China and the world.

With greatest congratulations.



Prof. Yupei ZHAO

President

Chinese Society of Surgery



The Fellows and Members of the Royal College of Surgeons of Edinburgh congratulate the College of Surgeons of Hong Kong on its 20th anniversary.

We are delighted to have been able to support you and to work with you to strengthen the international surgical fraternity for more than half a century. This collaboration, leading to the establishment of a unique surgical partnership and the development of a training programme and other activities to advance surgical standards, were important early events of which both our Colleges should be proud.

The conferment of membership diplomas from both Colleges, now the endpoint of successful completion of the jointly conducted HKIBSC examination, and the earlier establishment of joint Fellowship examinations to assess standards at the end of training is a further example of the benefits of the fruitful co-operation which exists between our two Colleges.

We are committed to supporting you in the development of surgical standards throughout China by continuing our programme of joint accreditation of training centres. We look forward to an enduring relationship and to a highly successful fourth Conjoint Scientific Conference in September.

Mr David TOLLEY

President

The Royal College of Surgeons of Edinburgh

Congratulatory Remarks



On behalf of the Royal Australasian College of Surgeons (RACS) I congratulate the College of Surgeons of Hong Kong on its first 20 years of achievement.

This has been a time of significant scientific, political and economic change in the world and in Hong Kong.

For 15 years our College has collaborated with the College of Surgeons of Hong Kong (CSHK) to provide the RACS general surgery training programme and Fellowship examination in Hong Kong. During this time many Australian, New Zealand and Hong Kong surgeons have been involved and many surgeons in Hong Kong have become new fellows of both Colleges. I have had the privilege of representing our College at several levels in this era (Chairman of the Board in General Surgery, Senior Examiner in General Surgery, Chairman of the Court of Examiners and Censor in Chief) and visited Hong Kong on numerous occasions. I also had the unique pleasure of becoming President of the RACS at the combined annual scientific meeting in Hong Kong in May 2008. The friendships and professional relationships are important to me personally and to the RACS. Our co-operation and collaboration will continue in the future.

The CSHK has developed strongly and now has the capacity to conduct its training and examinations independently to the standards acknowledged by leading international surgical Colleges.

The RACS congratulates the CSHK on its outstanding growth and success and is confident that its progress will continue.

Prof. Ian GOUGH

Immediate Past President

Royal Australasian College of Surgeons



We would like to congratulate you on your remarkable accomplishments in the first 20 years since your inception and express our enthusiasm in continued collaboration for the promotion of friendship and surgical excellence into the future.

Sincerely,

Dr G. William N. FITZGERALD

President

Royal College of Physicians and Surgeons of Canada

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History of the Formation of the College of Surgeons of Hong Kong



Let me begin by congratulating our College on its 20th Anniversary, as the Founding President. On this auspicious occasion, it is indeed an honour to be invited to write on the “History of the Formation of the College of Surgeons of Hong Kong”. Furthermore, I consider it duty bound.

I would like to approach this topic in 4 areas:

- Why was the College necessary;
- The peculiarities and difficulties in the formation and how these were overcome;
- Some significant developments; and
- My personal view of ways ahead.

Why was the College necessary

As a medical discipline matures, there is always a tendency and a need for the establishment of a platform where people of like-minds and interests could gather to exchange knowledge or even for social interplay. Surgeons or medical doctors with an inclination on the surgical disciplines are no different. It was on this basis that a HK Surgical Society was formed, holding functions for all surgeons – public lectures, surgical forums, presidential addresses and even annual social functions. Such a body, however is at best, as was described, a “semi social club”.

As the surgical discipline further matures, and spur by the yearn for determining standards for surgical training and practice to answer the needs of the community, strong calls emerge from more visionary members of the fraternity that a more formal surgical body be established to determine, set and approve standards for surgical training and practice. Yet, such a body would be frustrating to its promoters unless it has the statutory power to promogate its ideals.

The formation of the Hong Kong Academy of Medicine by statute came at the opportune time. To form a “College of Surgeon” as an institute under the umbrella of this statutory body would give the much needed “muscle” for the College to be the true standard bearer of the surgical disciplines.

The next question was whether there should be a new institution or should the HK Surgical Society transformed into a College. Members of the HK Surgical Society made the right decision – the Society was disbanded and transformed into a College.

The peculiarities and difficulties in the formation of the College

For the College to function properly, especially in its formative stage required the co-operation and coordination of all the “factions” of the local surgical disciplines – surgeons from the 2 university surgical departments, the public hospital surgical services and the private sectors. I was “chosen” to be the Founding President not because of my abilities but because of my non-partisan basis. The first Council therefore was well represented by members of all factions. On this basis, I am grateful to the fellows for their support and members of the Council for their visions and cooperation to ensure a strong College.

How wide should this College extend, was the next issues on the agenda. There were thoughts that this being a “surgical college”, it should encompass all surgical disciplines – including gynecology, orthopedics and dental surgery. Wisdom and rationality ultimately prevailed, members from those disciplines decided to form their own Colleges.

While there is one agreed unified “College of Surgeon” positioning of the subspecialties is essential, after all though basic surgical training and general surgical principles are similar, advance subspecialty training could be very different. General consensus gained the upper hand – internationally recognized subspecialties could form “Boards” under the College with representation. Five “boards” were therefore established – cardiothoracic surgery, neurosurgery, paediatric surgery, plastic surgery and urology. Ophthalmology and Otorhinolaryngology, which were more independent surgical disciplines and with more fellows, were with the

History of the Formation of the College of Surgeons of Hong Kong

approval of the Academy, established as “Faculties” under the College with the understanding that when their fellow numbers reached a predetermined figure by the Academy (50), the parent College (College of Surgeon) could propose to the Academy to grant status for “Faculties” to form independent Colleges. In the course of time, the College of Ophthalmologist and College of Otorhinolaryngologist were therefore formed. No, we have not lost any fellows, but we have actually gained two faithful brothers – many fellows of these two new College retained and maintained their fellowship of the College of Surgeons. Our College was therefore all set and ready to “take off”.

Significant developments

The underlying principle of the Academy and for that matter the Colleges is to set standards – standards not just to satisfy local needs but standards that are universally recognized. It is imperative therefore that fellowship of the College be internationally accepted and the flag of College of Surgeons of HK flutter high and proud in the international world of surgery. It is a daunting task, but it MUST be done!

This “infant” College must look for an international acclaimed partner to introduce and support us in the international surgical brotherhood. We were therefore most fortunate and grateful to have the Royal College of Surgeons of Edinburgh agreeing to hold “conjoint” fellowship examination with us, such that any trainee who succeeded in the exam becomes both a fellow of the College of Surgeons of HK and the Royal College of Surgeons of Edinburgh. Internationally, therefore the Fellowship and therefore the standards of the HK College is equivalent to that of an ancient Edinburgh College with heritage and repute. This, “fairy godmother” was a “god send”, but it also reflects the fruition of close bondage between the surgical forefathers of HK and should those from Scotland. To them, we should be forever indebt.

Promoting the College at its infancy is essential. As the Founding President, I attended most international surgical meetings to “sell” our College, including the International Association of Colleges and Academies Presidents (IACAP) meetings and manage to host one of the meetings in Hong Kong. I am grateful to many of my successors who carried on these traditions and became a seasoned “salesman” of the College. International recognition, international connections and international networking remain the single most important element for our College to succeed, and for that matter for the Academy and for Hong Kong.

My thought ahead

With solid foundations set, the College must move ahead, we should not be just living in past laurels.

YES, the College is charged to set standards, to accredit training and to vet bona fide surgeons and to provide facilities for conferences, education and professional developments that fellows are required to comply, but these are only the basic. The College must do more:

- Influence government on surgical manpower needs;
- Provide training facilities for fellows; in particular in “new” procedures;
- Set training and practice guidelines for “new” procedures; and
- Influence hospitals in the provision of satisfaction facilities for the practice of surgery and its different subspecialties and ensure that only bona fide surgeons would be allowed to practice surgery.

These and many others are tall orders for the future leaders of the surgical brotherhood; yet there is no turning back, nor could we shy away from such challenges. The Academy of Medicine and the different Colleges were approved by the people of Hong Kong on the premise that we are the bearers of standards. This, we have to do. Furthermore, the society expects standards to be more stringent as medical developments progress.

The College of Surgeons of HK, as one of the major College of the Academy, must take a leadership role. It is only through this, that we are not just “taking off” but “taking off with flying colours” as we march into our next 20 years and beyond.

Prof Che-hung LEONG

Founding President

The College of Surgeons of Hong Kong

Interview with Past Presidents - *Prof. Arthur Li*



*Prof. Arthur KC Li
Past President, Year 1993-1996*

I have the pleasure to have an interview with Professor Arthur Li. Not having met Professor Li personally previously, to my surprise, after greeting each other, we started off the interview completely opposite to my planned interview agenda by him asking me things about myself. This was certainly a good way of starting an interview and we soon discovered that we actually attended the same school in England and had similar experiences in United Kingdom. His aura of friendliness, charisma and open-mindedness which I discovered during the interview certainly explained why he has been so successful in his life.

Being one of the pioneers who actively helped the establishment of the College of Surgeons of Hong Kong, Professor Li is probably in one of the best positions to witness the changes of the College of Surgeons of Hong Kong since its establishment.

When asked about what is the most important changes he has witnessed over the years, he quickly stressed having University of Hong Kong and Chinese University joined forces together to work on the best interest of the College of Surgeons of Hong Kong and its members over the past few years is one of the best significant changes that can happen to the College. I also have the privilege of him recapping the history of how the College was formed starting from as early as the times of the Hong Kong Surgical Society. He is grateful that he had the opportunity of being one of the founders and then subsequently the second President of the College of Surgeons of Hong Kong. He has a belief that he should serve the community and also surgeons, and is ready to fight all injustice and inequalities so that surgical trainees and surgeons in Hong Kong can flourish.

He is most impressed by all the other Presidents who have served the College. He sees that they are gifted, interesting people with outstanding qualities and yet they have contributed time and effort for trainees and to raise the international status of surgery in Hong Kong. He congratulates them for putting the College before any personal needs.

For the future, he thinks that it is important to expand the horizons of surgery beyond Hong Kong. The establishment of collaborations with the West is important, but more pressing is the need to work with mainland China and work together towards an international standard within mainland China. Secondly it is the duty of the College to look after the younger surgeons especially the increase in female trainees and hence his full support of the establishment of the Women's Chapter within the College. It is important to provide the quality training for trainees but yet allow them to have a balance life including a good family life. He recalls that although surgical training in his days was fun, it was really tough and hard work, and he was literally on call every night and lived in the hospital; he also recalls a planned date at the opera with a girlfriend being called off as his consultant needed him to do a ward round instead (he was already dressed in a tuxedo!). It was by no means the way that present surgical trainees should be trained. The College will have to work hard with the hospital authority to balance out between trainee and providing services so that it can be win-win situation.

For the junior surgeons he emphasizes the importance of having an open mind to tackle problems. Just because something has never been done and is difficult does not mean it is wrong. Although we get handed down information from predecessors, what we get told is not always the gospel truth. Last but not least, to enjoy a good quality of life actually does not mean shorter and shorter working hours but to have a partner who fully understands you and support you. Enjoy work as a hobby and treasure your other half. This is the real quality!

Dr Ava KWONG
Queen Mary Hospital

Interview with Past Presidents - *Prof. Joseph W.Y. LAU*



*Prof. Joseph W.Y. Lau
Past President, Year 1996-1999*

When talking about Professor Joseph W.Y. Lau, I think most of the young fellows will think about examinations, or the old days when they sit around Professor Lau to enjoy the tutorial delivered by Professor Lau. After have an interview with Professor Lau, I discovered that a close relationship between Professor Lau and examination is not just an impression. Professor Lau, apart from developing his own career, did paid a lot of effort in developing the examination system and what we have now a day is part and partial because of his great effort in the past decades of year.

If one go back to the history of development of surgical training in Hong Kong, there was no surgical training in the old days; most of the surgeons came from British associated countries. With time and growth of the population, we start to have trained local surgeons with no approved standard. They must receive 3 years overseas training before they could get a FRCS. With time, the number of surgeons increased and there was increased need for local examination as years of overseas training seemed to be harsh to some of the surgeons. There was a need for conjoint examination, in which, overseas examiners pay an important role in the examination. With the great effort from the College and the improvement in surgical standard in Hong Kong, we are now have examinations which carried out mostly by local surgeons. All these changes, though not solely implemented by Professor Lau, but are the most important changes witnessed by him.

Professor Lau is the President of the College of Surgeons of Hong Kong from 1996-1999. During this period, the most memorable event is the introduction of the CME program. Though Professor Lau believed that CME program is one of the best methods to maintain the process of ongoing training at post fellowship level, a lot of difficulties were encountered during the promotion of the CME program. This is because of the difference in working environment between public and private doctors. Attending meeting is part and partial the life of a public doctor, but most of the private surgeons are solo practice and their woking schedule is very variable. Thus it may be very difficult for surgeons in the private sector to fit in format meeting held by the College or its associated societies. This conflict post a difficult time for Professor Lau and being able to solve this conflict was the most challenging task for him during that period of time. Eventually, he was able to solve the conflict. The key for the success in introduction of the CME program is being a good listener and willing to accept suggestion from different group of surgeons.

For the future of direction of the College, Professor Lau believe that the relationship between our College and mainland China will become closer and closer. Compared with the skill and number of surgeons in China, we are only a minority group currently. It is not difficult to predict that with time, may be five or ten years, we may lag behind. In order to maintain the position of the College of Surgeons of Hong Kong, we must keep out international linkage with other colleges in the world. He quoted the example of Singapore College, which establish there own examination system and delink with the Edinburgh College. As time goes by, they start to realize that though they can keep up their standard, there fellows found that they have great difficulties in looking for post outside Singapore because their own fellowship is not well recognized in the world. Eventually, they have to rejoin the Edinburgh fellowship examination. The lesson to learn is no matter how high your standard is, you need to keep your linkage with the world. Thus, no matter what the relationship between the College of Surgeons of Hong Kong will be, we have to keep our linkage with the world. This is the most important issue that Professor Lau believe in for the future direction of the College.

To junior surgeons, Professor Lau believes that shorter working time means they have less chance to be exposed to surgical conditions and thus less chance to learn. In order to compensate for the lack of training opportunities, more observation and questioning is need. That means, young surgeons need to take their chance to see more operations from different surgeons. They also have to question themselves on why some surgeon do things differently and what is the reason behind. These are the basics of learning and with this kind of mind set, they can keep learning through out their surgical career.

Dr Ronald HO
Queen Mary Hospital

Interview with Past Presidents - *Prof. K.H. LO*



Prof. KH Lo

Past President, Year 1999-2002

When asked about the most important changes Professor Lo witnessed about the College of Surgeons of Hong Kong (CSHK) during his Presidency, he reckoned it must be the materialization of the development of specialization of surgical subspecialties. Surgical sub-specialties had their unique backgrounds and it was indeed a challenge to gather them together. During his term of office, great effort had been made to establish and improve the level of trust among the sub-specialties.

One major achievement was the registration of our College name, its abbreviation as well as the College logo in a timely manner; otherwise our current name would have been used by Hong Kong Correctional Services instead.

Professor Lo also tried very hard to facilitate communication and exchange of expertise between private and public surgeons, by organizing luncheon meetings at various private hospitals well before the era of CME.

Through years of effort, Professor Lo acknowledges that our College is now better organized and structured. We have sub-sections within the governance of CSHK, namely the Younger Fellow Chapter (YFC) and the Women Chapter. In fact, Professor Lo was the one who proposed the initial conceptualization and funding of the Younger Fellow Forum after taking advice from Professor Joseph Lau and the RACS President. To him, it was the most impressive event to witness the inauguration of the YFC. A fruitful eventuality from the seed he had planted many years ago.

When asked about the future of our College, Professor Lo firmly believes that it goes to closer collaboration with our Mainland China surgical colleagues. This should be our primal direction and we are on the right track at the moment. On the other hands, he suggests the College should organize more social activities to allow more interaction between our members and fellows.

As for increasing number of female surgical trainee, Professor Lo do not think it would have a significant impact to our future because he thinks female surgeons perform equally well as male surgeons.

Another issue brought up during the conversation was the benefit of our senior surgeons. As we are having more and more senior surgeons in our College, Professor Lo suggests we should consider waiving their annual subscription fee as a token of their contribution to the College and the society. He borrowed example from USA and many other countries of which surgical colleges do automatically waive annual subscription fee of senior fellow when they reach 70 years of age.

For younger fellows and surgical trainee alike, Professor Lo stresses the importance of more active participation of the College activities in terms of administrative, social functions and academic activities.

Dr Randolph Hung-leung WONG
Prince of Wales Hospital

Interview with Past Presidents - *Dr Samuel P.Y. KWOK*



*Prof. Samuel PY Kwok
Past President, Year 2004-2007*

Dr Samuel Kwok is a leader with great vigor and a pioneer full of innovative ideas. He breaks boundaries and creates new territories. Trainees nowadays are able to have training in private hospital. The new proctorship program enables fellows to continue learning in deficit areas. This interview allows us to learn from his vast intelligence.

Dr Kwok joined the College Council as Chairman of the Scientific Committee in 1996, founded the College journal in 1997, then as Censor in Chief in 2002 and elected President in 2004. He was in the College long enough to witness the changes of the College. In the early years, College focused to establish a formal training structure and fellowship examinations for the surgical specialties in Hong Kong. Before this, all surgeons have to obtain overseas fellowships. Then there was formal differentiation of the six surgical specialties as we see it today. In the late nineties, training programmes and requirement were specified, and the College established her own scientific meeting. With the founding of the College journal since 1997 and the mandatory research requirement for trainees, the academic and research atmosphere have extended from university hospitals to the Hospital Authority hospitals. After the turn of the millennium, our College began to build more links with more international Colleges. In the middle of the first decade of this century, College started connecting with mainland China hospitals and started to accredit distinguished surgical centres to allow their trainees to take the conjoint professional exams in Hong Kong. Five years ago, two departments, namely, the Department of Standards and Department of Development were established. The former department concerns with the surgical standard of all fellows and recently guidelines of laparoscopic surgery were promulgated and proctorship programmes for fellows are established. The latter department is actively looking into the training curriculum and keeps our training programme to be in line with international trends and at the same time meeting the special needs in Hong Kong.

Dr Kwok enjoyed his term of office as President from 2004 to 2007, and he treasured the opportunities to meet with many different people. He thanks all fellows in giving him the privilege: "I have to communicate and work with all people at all levels in the College. I also have to meet with many of our fellows, trainers, trainees, examiners, department chiefs, hospital administration, Hospital Authority people and universities. Outside Hong Kong, I have befriended many key players in the international surgical colleges and academies. I am indeed very much a people person and this kind of people network was such a tremendous gain in being a president of the College and this is what I value most and I am thankful to all people who had worked with me."

The most memorable events concerning the College that Dr Kwok involved were the two large scale annual meetings, namely, the joint meeting in conjunction with the Quintcentenary Closing Ceremony of the Edinburgh College in 2006 and the joint meeting with Australasian College in 2008. Those two meetings with strong international participation had indeed elevated the reputation of our College in the surgical world.

For the future, Dr Kwok emphasized that it relies on our youngsters. "The development of our young fellows, current and future trainees would definitely determine the future of surgery in Hong Kong. And the most important consideration should be, first and foremost, to keep the standard of our surgeons in par with world standard and secondly to produce surgeons according to the actual need of the Hong Kong society and our people." Dr Kwok concerns that there is indeed a trend towards more surgeons practicing in the private sector.

Interview with Past Presidents - *Dr Samuel P.Y. KWOK*

The working environment and work pattern is quite different from Hospital Authority hospitals where all our trainees are trained at the moment. Therefore Dr Kwok thinks that there should be modification of our training programme to allow for this change. Another concern is the trend of subspecialisation since surgery has established itself as a branch of medicine. "There is no doubt that people provide better service if they concentrate their work in their own specialties. Gone are the days when surgeons can just 'see one, do one and then teach one'. This practice should be obsolete and is indeed not fair to our patients at all. However, in order that a subspecialty could be firmly established, factors such as the amount of workload concerned, special skills required, viability of a stand-alone training programme and the need for separate dedicated examination have to be carefully considered." Dr Kwok believes that subspecialisation is a process that is quite irreversible. Careful and well balanced decisions have to be made in the course of time in further subspecialisation in surgery. Lastly, Dr Kwok emphasized that Women in surgery is definitely a world trend and should no longer be a minority in the future. As more and more medical graduates are females and women should be as capable as men if not better in many aspects in surgical procedures. He expected our College should put more thoughts in the design of training and service in accommodating this projected significant gender change in our profession.

Dr Kwok congratulated the younger generation of surgeons and trainee surgeons in entering a noble profession worthy of efforts and dedications. "You will definitely get your payback in terms of great job satisfaction and sense of personal achievement provided your investment in commitment and devotion in this profession is in proper place." Lastly, Dr Kwok reminded us : "With the current pace of scientific and technological advances, we are entering into a brave new world in surgery. A lot of surgical adventures which are previously imaginative thoughts only will become possible in time. These surgical advances are key to enhance the quality of surgical management and benefit our patients in the end. However, we surgeons should approach these kinds of surgical wonders with care and integrity. The welfare of our patients should always be of first priority in all our decisions and choice making because in the end it is our patients who put their life and trust upon us, their surgeons."

Dr Sharon Wing-wai Chan
United Christian Hospital

Twenty Years.....and The Way Forward



Time passed by much quicker than we realized. This year our College has reached its 20th birthday. For Chinese tradition: as in 《禮記》, “The Classic of Rites”, when a man reached his 20’s, his family would organize a ceremony to publicly announce that their son has grown up and would now be taking up the mission and responsibility to serve the community. Guests would give this young man a hat to put on as a gesture of taking up the social responsibility. This symbolic meaning of responsibility did not change much from the old days. Today, as surgeons we put on our surgical cap when we enter the operation theatres. This hat not merely serves for hygienic purpose, but also preserves its symbolic meaning of our commitment as a surgeon to provide the best for our patients and the most needed medical service to our community.

Over the past twenty years, we as surgeons have faced a lot of changes, and we have made & indeed led a lot of changes ourselves. We have grown from a relatively small surgical society to an internationally recognized professional institution for which we can certainly celebrate with pride its many accomplishments.

We have seen some enormous changes in our basic surgical concepts and beliefs. Many of the things that we used to believe, are no longer true; and what we used to practice, are now often obsolete. For instance, big surgeons now do not necessarily have to make big incisions: with the advent of minimally invasive surgery (MIS), most open surgery have now been replaced by laparoscopy. Gallbladders can now be safely removed laparoscopically through tiny incisions. Bleeding peptic ulcers can now be managed effectively with therapeutic endoscopy, gastrectomy is almost never required, and indeed peptic ulcer disease is now regarded more as an infectious or medical disease.

More importantly, patient expectations & patient-doctor relationship have also undergone radical changes. Indeed, our ways of learning as well as the way of practice of surgery have both utterly changed. We must therefore all continue to learn and be a student of changes, and graciously acknowledge that change is the only thing that remains constant. For only those who bravely face changes can be successful in turning changes into opportunities. May I quote from the late John Kennedy, past American President, “As Change is the law of life. And those who look only to the past or present are certain to miss the future.” In waves of changes, it is crucial that we must unite to strive for the same goal, viz. to advance the science and arts of practice of surgery, and to safeguard the highest surgical standards.

Reforms are thus necessary to fine-tune the functions of the College and bring us in line with the latest medical advances, and to cater for the changing needs of the community. We stood firm on the College’s mission to strive to become a global leader in surgical education and practice through international collaboration and sharing. In light of the reduced working hours (65 hours week at present) policy among public hospitals, along with other factors like increase in patient expectations and medical litigations, our trainees’ clinical and in particular operative exposures have been drastically reduced. Yet at the same time they have to cope with an explosive expansion in medical knowledge and rapid emergence of new technologies and surgical skills. To maintain adequate training and educational opportunities for our new generation of surgeons, our College has recently established a new surgical training curriculum that has gained international recognition. We have adopted a new Matrix and Modular Approach in surgical training and education to allow better focus on several core competencies and yet sufficient flexibility to cater for the shorter working hours of our trainees. We have also established our own membership examination with the help (and full recognition) from the Royal College of Surgeons of Edinburgh (RCSEd). With much pride and excitement, the 1st membership examination developed by our College was started in March 2008.

Message from the President

To uphold patient safety, we have been a strong advocate for the increasing use of simulation technologies so that our surgical trainees can be trained just like airplane pilots. Our College has engaged into a working dialogue with the Royal College of Physicians and Surgeons of Canada in bringing in simulation approach to surgical training and examination. A concrete mode of collaboration is still in the embryo stage but we can envisage that it would be a global trend for simulation to play a more crucial role in surgical training in the years ahead.

And to contribute further to the development of postgraduate surgical education in Mainland China, our College have started accreditation of recognized training centres in Beijing, Shanghai and Guangzhou jointly with the RCSEd since last year. To upkeep standards of practice among our fellows we have also developed new guidelines for laparoscopic surgery, which have been promulgated to all public and private hospitals. With increasing concerns from patients regarding possible risks and complications arising from surgical procedures, we have been working in collaboration with the Hospital Authority to generate a database for informed consents with fact sheets on various surgical operations. With a unified set of College endorsed information sheets, we hope to facilitate our fellows in the process of obtaining informed consents from patients in future.

While the past two decades have brought forth some of the most astounding advances in the science and practice of surgery, it is sad to see that it has also brought about the disappearance of many valuable historical surgical instruments and heritage from our good old days. As a College, we feel it critically important that we should respect our glorious past and learn from our great surgical grandfathers who have laid a most solid and strong foundation for the development of surgery. These important historical pieces bore witness to the remarkable achievements and glory in our history, it will be heart-rendering to see them vanish under the fast footsteps in advances in surgical technology. Our College has recently set up a Surgical History Department with a dedicated budget to collect and maintain an archive of historical surgical instruments and items to help preserve the Hong Kong surgical history. We hope our next generation will have a better understanding on how surgery has evolved in Hong Kong and how it has grown from a primitive past to the very sophisticated present.

Recognizing the rapid increase in the number of female surgeons, and to provide a platform for fellows to exchange ideas and to build a greater fraternity between young and more senior fellows, we have established a Women Surgeons Chapter and a Younger Fellows Chapter. After all, our College belongs to all of us, men or women, junior or senior, we are in the same surgical family.

To close, I think our College has gone through a most exciting and fruitful first twenty years since its conception. There are so many remarkable achievements that we can all feel very proud of. However, we must not forget all those who have worked so hard over the years to put our College on such a sound and solid foundation. We are stepping on the shoulders of giants: our surgical forefathers, including our founding presidents Dr CH Leong, all our past presidents, senior surgeons, council & committee members. We owe them eternal gratitude for making lots of sacrifices and for their exceptional leadership. We are fortunate to have strong support and a common vision amongst all our fellows. I do believe our College will continue to flourish and always stands as one we all are forever proud of. As we are about to enter a new phase of development for the next 20 years, I appeal for all your support to make 2010 the beginning of another remarkable journey.



Professor Chung-kwong YEUNG
President
The College of Surgeons of Hong Kong

Message from the Censor-in-Chief

Message to Basic Surgical Trainees

The current Intermediate Examination consists of 3 parts. Part 1 and 2 are multiple choice questions and Part 3 with viva examinations; clinical and communication examinations. In UK, the Part 3 examination has changed to an OSCE format with 16 stations and that simulates the daily activities of Basic Trainees. The Hong Kong Intercollegiate Board has endorsed similar change in Hong Kong and we are looking forward to such change in 1 year time. We will provide further details in due course.

Message to Higher Surgical Trainees

It is a world wide trend that surgical training becomes more structured and with a modular approach. Our College has endorsed a number of mandatory courses particularly for General Surgery Trainees. This will take effect for Higher trainees admitted by July 2010 and they would be informed of such courses which they must complete before they are eligible to sit the Exit Examination. Trainees on admission to higher training will be provided with training guide and also such guide will be available to their training supervisors.

Message to Fellows

With the recommendation from Hong Kong Academy of Medicine on guideline in provision of sedation to patients; our College had made our stand that all Fellows of our College had been properly trained in this aspect. In parallel with this statement, we would like to organize refresher course for our Fellows on this particular topic. This is entirely on voluntary basis. This is a one day course with the support of Fellows from College of Anesthesiology. The tentative date is on 11th September 2010 and the venue would be at Queen Elizabeth Hospital. There will be morning lectures and then scenario training. Scenarios include Plastic Surgery procedures, Endoscopic procedures, Urology and Pediatric procedures. Further suggestions are most welcome. Attending the course would attract both active and passive CME points. Once we have finalized the program, we will provide more details and start enrollment.



Dr Hung-to LUK
Censor-in-Chief
Princess Margaret Hospital

Message from the Honorary Secretary

Dear Fellows and Members,

Welcome to the College's New Website!

I am thrilled to witness the birth of the new College website www.cshk.org. The former website was launched in 2004 and is now revamped with the following objectives:

- To enhance the College's image as professional, efficient and vibrant
- To develop an effective platform for internal and external communication
- To tighten the bond within the surgical fraternity

Fellows and members' needs and expectations are always the College's main concern, which provides the primary initiative and key for this revamp project. To provide an enhanced access to the College's information and resources as well as to keep you stay abreast of the College's activities and developments, the navigability and functionality of the website are greatly improved with the following features:

User-oriented approach

In alignment with your expectations and to make it more user-friendly, the web content is categorized to ease the location of information. There are nine functional keys on the main horizontal navigation bar of the mainpage which are the College's core affairs, namely information on the College and Council, examination, training, membership, CME, publication, events, scholarship and announcement on latest developments. You can jump to the information you want at ease.

More functional and structural

To **check your CME status**, you can simply login with your user name and password on the mainpage, you will see a detailed page of the CME activities you undertook in the year (Please contact us via info@cshk.org if you forgot your password). Another enhancement is the posting of "CME regular & non-regular activities" under the "CME Programme" page to facilitate you to attend CME accredited activities.

The content is re-structured and browsing pages are re-engineered to facilitate a faster and easier information search. For instance, the information concerning examinations is structured as follows:

Examination Schedule – dates of all examinations of the College over the whole year

Examination Information - important details about upcoming examinations, by clicking 'apply for exam' button, you will find all relevant and important information to candidates

Bad Weather Arrangement – for candidates to take proper preparation

Photo Gallery – photos taken at sherry party for download

Forms for Download – regulations & syllabus, important notices, application forms

Timely information and news

An **event calendar** is added to the mainpage, you can get firsthand update on the activities of the College on the day. By simply clicking a date on the calendar, all activities on that day will be listed in seconds.

If you wish to know about the directions and developments of the College, you are welcome to visit the **Council Highlight** under 'About the College'. In addition, you can click the 'Publication' button on the mainpage to browse over different issues of Cutting Edge and Surgical Practice.

Message from the Honorary Secretary

Keeping you connected

In the middle of the mainpage, you will also find a horizontal navigation bar showcasing different news not only related to the College but also to the surgical fields:

'What's new' – all latest College's big events or upcoming important activities.

'Announcement' – implementation of new initiatives, scholarship application, news about fellows and members, such as achievements, etc.

'Other News' – news related to the surgical fields, or activities from other medical organizations.

You can simply click on the scroll button of these pages for a glance to stay connected with the College's news and activities.

Expanded information search & other useful tools

Poke around you will also find other auxiliary and useful navigation in top right hand corner:

- **"Affiliated Links" page** - all the local and overseas affiliated organizations
- **"Download Centre" page** - an alternative search channel, all sorts of College forms and guidelines in different categories
- **"Site Map" page** - provides a quick way to the key functional pages of the website for easy browsing
- **"Contact Us" page** - provides contact methods of the College secretariat staff of the concerned Administrative Units

There is a lot more that I wish to say about our new website, but it would be better leave it to you to discover them for yourself! You can also expect more advanced online learning function very soon, you will be able to view videos submitted to the Online Surgical Practice Journal and videos of laparoscopic surgery in the coming months. Details will be announced shortly.

Stay tune with us and visit the new College website at www.cshk.org. We hope you enjoy the new site and find it useful. Happy surfing!



Prof. Wai-sang POON

*Honorary Secretary
Prince of Wales Hospital*

Message from the Honorary Treasurer

The Hong Kong Government fared well in the aftermath of the global financial crisis. Not only are the balances positive, a handsome profit has also been reaped from investments with the foreign exchanges reserves. With the windfall, the government can afford to build the proposed Hong Kong High Speed Railway almost twice, and little wonder the project was approved without second thought. Seeing the government lavishing fervently while feeling little relief themselves drove the post 80 generation mad.

Our College has been less fortunate. Our books were in red for the first time since 2004. We did not jump on the bandwagon of bargain hunting after the financial meltdown. Unlike our government, we feel the same grips as our fellows do. We are recovering slowly yet steadily through prudence and austerity. It remains my duty to remind members of the importance of their support to College through their subscription, and that it is about time for annual subscription of year 2010 to be collected.

If any Member shall fail to pay this annual subscription or other sums which may be due from him to the College for a period of three months after the same as become due, notice shall be sent to him/ her calling his attention thereto and if he/ she does not pay the account within one month following he/ she shall be erased from the books of the College. Should he/ she wish to be reinstated, he/she would be required to give the Council a satisfactory explanation and to pay all his/ her arrears together with an administration fee. I therefore appeal for your timely payment of your subscription, as this would save you much trouble and also the College much administrative expenditure, which is also your money.



"What? College Annual Subscription?"

Dr Chi-wai MAN
*Honorary Treasurer
Tuen Mun Hospital*

News from the Specialty Boards

Cardiothoracic Surgery Board

The next exams will be in Singapore on 14th and 15th of November as preliminary dates followed by the Update Review Course on the 19th and 20th, a pre-course skills session on aortic root enlargement will be held on 17th, a VAT surgery and endoscopic vein harvesting skills session on 18th and an Aortic Workshop on 21st. Three HST's were appointed for CTS at the last recruitment exercise interested candidates for the next recruitment round should discuss availability with Professor M J Underwood on behalf of the CTS Board. A mitral valve repair symposium has been organized for 3rd of September and a mini-symposium on the Management of Cardiac and Respiratory Failure on 26th November. Further information can be obtained from Prof M J Underwood on behalf of the CTS Board.

Prof. M J UNDERWOOD

Prince of Wales Hospital

Paediatric Surgery Board

An inter-hospital clinical meeting was held on 7th January 2010 at Queen Elizabeth Hospital and was well attended by board members and trainees. The next inter-hospital clinical meeting will be held sometime later this year in Prince of Wales Hospital. The exact date will be announced in due course. The AGM for this year will be held sometime in early October, soon after that of the College.

The mandatory rotation training for higher surgical trainees among the three training centres has been running smoothly. Currently all the six training posts are occupied and there will be no vacancy until next year. As there is no candidate ready for exit examination this year, there will be no exit examination in paediatric surgery until next year.

Manpower issue continues to be a problem for paediatric surgery. There is difficulty for paediatric surgery to keep up with the requirement of shorter working hours and compensation for off-site calls. This manpower shortage will become critical with the opening of the Centre of Excellence in Paediatrics in Hong Kong in a few years time. Our board has raised our concern to the Hospital Authority and the College. We aim to have an increase in the number of training posts and an increase in funding for postings in paediatric surgery.

Dr Kelvin K W LIU

Board Chairman in Paediatric Surgery

News from the Specialty Boards

Plastic Surgery Board

1. There will be three Plastic Surgery Fellows who have completed their two years of post-fellowship training and are eligible to be trainers in 2010. They are Dr Choi Wing Kei (TMH), Dr Tor Chiu (PWH) and Dr Rosette Leung (KWH) who are just timely to restore the trainers pool.
2. Dr Lee Kin Wing & Dr Terence Poon have joined the Higher Surgical Training in Plastic Surgery. Dr Lee is working in Kowloon Cluster and Dr Poon in New Territory Cluster.
3. There are two candidates sitting for the Exit Examination in 2010. TMH will be the Exam Venue. Mr Chris Caddy will be invited to be the External Examiner.
4. The preparatory course, mock examination and didactic lecture (Aesthetic Surgery) had been organized in August 2010.

Dr Wing-yung CHEUNG

Urology Board

The Urology Board will organise the 10th Conjoint Urology Fellowship Examination with RCSEd on 22-24 September 2010. A new format of oral examinations will be introduced in the coming Fellowship Examination. The number of oral sessions will be increased from six to eight, including the following areas: Uro-oncology 1 (kidney & bladder), Uro-oncology 2 (prostate, testis and penis), Paediatric Urology, Emergency Urology, Calculi and UTI, Urological Imaging and Principle of Urological techniques, Bladder Dysfunction & Gynaecological aspects of Urology, and BPH & Andrology. For each of the eight oral sessions, the candidate would be examined on two 10-minute structured clinical scenarios. To facilitate the introduction of new format oral examinations, a workshop on scenario-based examination questions writing was held on 19 March 2010 and was well attended by urology examiners and trainers.

As a result of an exodus of experienced urological surgeons from public sector to private practice and retirement, the number of urology trainers has reduced from 32 in 2005 to currently 25. The training capacity of some training centers have been compromised. It is anticipated that the number of trainers will be increased by end of this year, hopefully the crisis could be resolved.

Dr Po-chor TAM
Queen Mary Hospital

News for the 20th Anniversary



By the time I'm writing this article, many of the social activities for the 20th Anniversary have already finished. Thanks for our president Prof. CK Yeung, the College Council and fellows to give me this opportunity to serve the College. The preparatory work started from June last year, followed with the logo and slogan design, production of the calendar, opening ceremony and spring dinner, Marathon, racing night and golf day. Many of these activities are organized for the first time in our College. However, it may be just the beginning of another page, as there are already voices suggesting to continue with some of the events in the future.

The project started with finding the right logo and slogan for the 20th Anniversary, which is not something easy. You may be surprised to find out that the nicely designed logo and the meaningful slogan actually originated from our own fellows, Dr David SUN and Dr Chi-wai MAN! I must take this opportunity to introduce them to all the fellows and openly thanks them. In this issue, let us meet Dr SUN first, and we will see Dr MAN in the coming issue.

Interview with Dr David SUN

Chad: Dr SUN, can you elaborate the meaning of the 20th Anniversary logo?

The 20th Anniversary logo symbolizes the CSHK's evolution in 20 years.

The Chinese sailing boat represents Hong Kong.

The shape of the boat together with the Emblem of the College form the character "20".

We stand out and we are on the same boat in Hong Kong.

The golden colour of the sailing boat represents the golden year of the College. It also represents new technology based on the foundation of our tradition.

The mainmast uniting the sails carries the meaning of uniting each other among us and Hong Kong.

We advance despite the challenges, represented by the wave.

How long it takes for you to design the logo?

When I saw the poster calling for submission, I started thinking about the logo design casually. It took me a few weeks to come up with a concrete idea. I was then sitting in front of the computer for 2 days for the actual production.

Your design is really professional. Do you have some design or art background? Is artwork something you do very often at your leisure time?

I never had any serious training in art or design. However, I do consider these as one of my hobbies, and I enjoy doing photography, contemporary art, and painting a lot in my leisure time. All these are self-learned by reading books and watching others work. I don't think the production is anything professional. Actually the logo was produced by Powerpoint only! Technically, it's not that difficult, and everybody can do it with a bit of instruction.

Do you have any suggestion for the College to encourage more participation and contribution from the fellows?

I'm delighted that my design was accepted. Every time I saw the logo in the email or letterhead, I could feel the joy in my heart. This is how the sense of belonging is cultivated. May be the College can consider organizing more activities involving active contribution from the fellows, rather than just passive participation like dinners or meetings. Having said that, we have to understand that our College is only 20 years old. It is not a very long history in comparison with other overseas colleges. It takes time to build the sense of fraternity, but I could feel that the atmosphere is improving recently.

Thank you very much for your time, and your active contribution!

The man behind the slogan: Dr Man Chi Wai

Dr Chi-wai MAN is the one who designed the 20th Anniversary slogan “ADVANCING OVER VICENNIUM AND BEYOND 同跨廿載，共闖未來”. Dr MAN is well known for his knowledge and interest in Chinese literature. I have witnessed him come up with interesting poems instantaneously at different occasions. Let’s take this opportunity to talk to Dr MAN and know more about him.

Dr Man, how do you come up with the 20th Anniversary slogan? How much time did you take?

When I knew that the 20th Anniversary logo was lacking a slogan, I decided to give it a shot. Actually, I didn’t use much time to create the slogan. It just came off the top of my head within a short period of time.

A theme related to unity and fraternity was what I was thinking of. It was the Chinese phrase “同跨廿載，共闖未來” came up my mind first, and then I tried to think of the appropriate English counterpart. With a bit of logical thinking, “ADVANCING OVER VICENNIUM AND BEYOND 同跨廿載，共闖未來” seemed to be an appropriate phrase to use.

Do you have a background of having special training in Chinese and English literature?

No, not really. I don’t have any special training in these areas. However, I do have a lot of interest in reading classic Chinese literatures and books. And writing Chinese poems is something I do it quite often during my leisure time. It is my pleasure to be able to write for the professional bodies and associations, or in special occasions like retirement dinner, etc.

As the treasurer of our College, what do you think about our College’s development?

The primary duty of a treasurer is to look after the financial status of the College. In the past, the main role of the College was to organize examinations and annual scientific meeting only, which was a relatively easy task to do. It only required minimal staffs and expenses.

However, the role of the College has expanded today. Besides examinations and the yearly scientific meeting, we have to set standard and guidelines for surgical training and even practice, e.g. basic and advance surgical training, the laparoscopic practice guideline, etc. Moreover, we have more and more collaboration with other professional bodies, like those from the U.K., Australia, and recently China and Canada.

We need to employ more supporting staffs, receive oversea guests, visit other Colleges, etc. All these activities are financial burden to the College.

Currently, we are still financially healthy. Do you have any suggestion for the future?

Although we are still financially healthy now, I have the feeling that threats are coming. Expenses are increasing, but income and resources are not. Sponsorship from the pharmaceutical industry is under a lot of constraint, and other sources of income, mainly from the examinations, are hard to increase. I think we should try to broaden the source of income in order to catch up with the development of the College. However, this is always hard for a non-profit making organization.

In the 20th Anniversary of the CSHK, what is your expectation for the College?

There are many challenges ahead for the College. I hope that our Fellows can have a stronger sense of belongings and fraternity towards the College, and willing to support the College’s activities more. However, this is something that has to cultivate. And the best place to start is at the trainees’ level.

In addition, the College may need to provide more medical-legal support for Fellows, in view of the increasing demands from the public.

I really learned a lot about the College after talking to you and I’m sure other Fellows will feel the same. Thank you Dr MAN for your time.

College Express

After introducing Dr MAN and Dr SUN, I must also take this opportunity to thank all the members of the organizing committee for their contribution, the participation from the fellows, and the hard work of the secretarial staffs. The project will not be possible without their effort. We are looking forward for all your support in the future activities.

Committee members:

Prof. Chung-kwong YEUNG

Prof. Wai-sang POON

Dr Po-chor TAM

Dr Angus Chi-wai CHAN

Dr CM Ho

Dr Chi-wai Man

Dr Wai-yip Leung

Dr Kin-chun Chan

Dr Yee-man Lee

Dr Ronald Pak-kin Ho

Dr Chad Cheuk-wa TSE

Chairman, 20th Anniversary Organizing Committee

Photos catching wonderful moments of the celebratory activities:



Opening Ceremony and Spring Dinner



Performers during Spring Dinner



Prof. Philip CHIU donated his artwork for auction in Spring Dinner.

Dr Richard LO donated \$12,000 to the College Education Fund for the artwork.



CSHK Marathon Team



Horse Racing Night



Golf day

Update from Women's Chapter

Charity HIKE

On a sunny day in winter 2009, more than 20 members from the Women's Chapter CSHK and representatives from Hong Kong Women Workers' Association gathered for a hike from Park View to Repulse Bay. The theme of this hike was 'Be Healthy, Socialise, and Help Those in Need!' As surgeons, we lead a very busy lifestyle. This hike enabled us to head into the beautiful Hong Kong countryside, to enjoy Mother nature's gift, breathe fresh air, stretch our legs, mingle with colleagues, and to get to understand more about the needs and aspirations of grassroot women workers in Hong Kong.



Representatives of Women's Chapter having group photo with Representatives of Hong Kong Women Workers' Association

The Hong Kong Women Workers' Association was established in 1989, with the aim to develop awareness among women workers of their needs, problems, skills, potentials and contribution; and to empower women in dealing with their needs and problems. This activity is the start of our collaboration with local charities, and we plan to organize health talks and work with other charities in the near future. Your support is important!

Update on Mentorship Program 2010

"Ignite a Spark, Create a Legacy" is the aim of our inaugural Mentorship Program. Details of the Mentorship scheme have already been posted earlier on, and we are now in the process of recruiting mentors. In a nutshell, this mentorship program is for both female and male medical students in Hong Kong, and aims to reinforce the connection between medical students and surgeons; to introduce surgery and provide assistance to students, and to let them explore the daily routine and lifestyles of surgeons in hope to entice and attract more young blood. We sincerely invite all female fellows, members and trainees of our College to become mentors, and we are sure that this will be a truly rewarding experience for you. If any of our male colleagues are interested in becoming a mentor please do not hesitate to contact us at wsc@cshk.org as you are more than welcome to be part of this scheme!

Dr Ada Tsui-lin NG
Queen Elizabeth Hospital

Younger Fellows Chapter

Inauguration of the Younger Fellows Chapter 2010-2011

With the success of Dr Tim-lok KWAN, Chairman of the Younger Fellows Chapter 2008-2009, who facilitate the transformation this Chapter from a social group to become a formal sub group under the College of Surgeons of Hong Kong. A new committee for the year 2010-2011 was elected in late 2009. On the 19th December 2009, we held an inauguration ceremony and proud to have Dr Edward Cheuk-seen LAI and Dr Albert Wai-cheung YUEN to give us a speech on ethics on Surgery. The new committee members were as follows:

Chairman:	Dr Ronald Pak-kin HO (<i>General Surgery, QEH</i>)
Vice-Chairman:	Dr Kenneth Kam-fung FU (<i>Urology, QEH</i>)
Secretary:	Dr Thomas Kai-chi CHENG (<i>General Surgery, KWH</i>)
Treasurer:	Dr Billy Yeung-kit LAM (<i>General Surgery, QEH</i>)
Internal Affair:	Dr Oliver Chun-yin CHAN (<i>General Surgery, PYNEH</i>)
Publication:	Dr Randolph Hung-leung WONG (<i>Cardiothoracic Surgery, PWH</i>)
Research:	Dr Calvin Sze-hang NG (<i>Cardiothoracic Surgery, PWH</i>)
Advisor:	Dr Henry Tim-lok KWAN (<i>General Surgery, HKAH</i>)



Committee Members of Younger Fellows Chapter having group photo with Dr Albert Wai-cheung YUEN (right 5) and Dr Edward Cheuk-seen LAI (right 3).

In the coming two years, we wish we can gather more fellows to participate the activities held by the college and also the Younger Fellows Chapter. In order to enhance the communication with surgeons from different hospitals, a number of hospital representatives were selected. Apart from helping us to spread information to surgeons in different hospitals, they will also help us to gather information and idea of surgeons from their belonging hospitals. I would like to make use of this opportunity to thank all of these representatives in helping us in the past events and looking forward to have further cooperation with all of them in the future.

Younger Fellows Chapter

Younger Fellows Chapter - Hospital Representatives:

Dr Pui-kwan CHAN (PMH)

Dr Ka-lung FOK (NDH)

Dr Kwan-lun HO (QMH)

Dr Sze-hong LAW (TMH)

Dr Lawrence Wing-chiu NG (PYNEH)

Dr Shiu-hei TSANG (QEH)

Dr Yvonne Yee-yan TSANG (NDH)

Dr Jeff Siu-wang WONG (PWH)

Dr Cheong YU (TMH)

When people are talking about the need for the government representatives to set up Facebook account to communicate with the public, we think that we were much ahead of them because the Younger Fellows Chapter had set up our account since 2008. Although we only have 77 members at the mean time, I wish with the effort from our committee members, the number of “friends” will increase and more fellows will participate in the college and Younger Fellows Chapters activities.

Please feel free to join our facebook and keep in touch with latest events of the Younger Fellows Chapter.

Dr Ronald Pak-kin HO

*Chairman of Younger Fellows Chapter
Queen Elizabeth Hospital*

Achievements

Congratulations to Mr. Michael LI, Chief of Service at Pamela Youde Nethersole Eastern Hospital, who was awarded a prestigious Hunterian Professorship by the Royal College of Surgeons of England for 2009/2010. Professor LI is the third Hong Kong Chinese to receive this prestigious award.

The professorship is awarded in memory of the pioneering surgeon John HUNTER, who had made significant contributions to advance the understanding and practice of medicine through observation and experiment. Every year, the Royal College of Surgeons of England bestows a small number of Hunterian Professorships upon individuals considered to have advanced scientific knowledge in the surgical field. They continue to be highly regarded as prestigious awards within the field of surgery. This year, Professor LI was awarded this professorship with his Hunterian oration titled "Laparoscopic resection for rectal cancer – towards to a new gold standard".



Prof. Michael LI (left) was awarded the prestigious Hunterian Professorship by the Royal College of Surgeons of England.

Professor LI is a pioneer in the development of laparoscopic surgery in Hong Kong in the early 1990s. With an exceptional vision, laparoscopic surgery flourished in the Department of Surgery headed by Professor LI, with encouraging clinical outcomes in different sub-specialties.

Professor LI had delivered the Hunterian oration at Royal Free Hospital in London on 5 February 2010, with simultaneous teleconference conducted in Hong Kong at the HKEC Training Centre for Healthcare Management & Clinical Technology.

Dr Cliff C C CHUNG
PYNEH

Growing with the College

I congratulate the College on its many achievements over its first 20 years. I have watched the College grow from strength to strength. I spent 1991 in Hong Kong as a visiting lecturer at CUHK on Team 3 with Walter King, and also had the opportunity to be a member of faculty on the first laparoscopic surgery courses led by Sydney Chung. I learned much that informed or improved my future surgical practice. For me, 1991 was a sabbatical year sandwiched between 8 year stints in Zambia (before) and Papua New Guinea (after).

I have returned to Hong Kong for conferences and to examine in the conjoint examinations with the Edinburgh College. I am currently (since 2000) Professor of Surgery with the University of Melbourne, based in Geelong, and Director of Surgery at Barwon Health.

Professor David A K Watters
Department of Clinical and Biomedical Sciences
University of Melbourne and Barwon Health



I became FCSHK in 1993 when CSHK was the youngest surgical college in the world. Seventeen years on, whilst I am now practising in the UK as an academic breast surgeon, I remain boastful of the calibre of surgical training I received in Hong Kong. Many congratulations to our College!!

Dr Kwok-leung CHEUNG, 1987
Breast Surgery
University of Nottingham



The strength of the College lies in the commitment and dedication of its Fellows. We are fortunate that for a young College like ours, there is plenty of enthusiasm from all our Fellows, whether they be in private practice or public service. This augurs extremely well for the future. May I wish the College every success in the coming decades!

Arthur K C LI
Past President of the College

Since the old days of the Hong Kong Surgical Society when I was an Exchange Lecturer at CUHK, I have watched the birth and subsequent growth of the College of Surgeons of Hong Kong with admiration and gratitude. Hong Kong Surgery has gone from strength to strength and the College is leading the way. Long may it flourish!

Professor Robert J C Steele
Professor of Surgery
University of Dundee



I wish to congratulate the College on its 20th Anniversary for the brilliant success on the promotion of surgical education in Hong Kong. I still remember the days when we founded the Hong Kong Surgical Society in the early 1960's. I am proud to be a Fellow of our College. Best wishes!

Dr Raymond Sheung-wu WANG, 1949
Plastic and reconstructive surgery
Retired



Everyone knows that time flies when life is enjoyable. These 20 years would surely have flown by like the speed of lightening for the college with the guidance of such prominent leaders and the nurturing of the next generation of young surgeons. The forward thinking of the college has created the young fellow's chapter and women's chapter in line with the present needs of our future.

I would like to take this opportunity to congratulate the college's success over the past few years and I am confident that the college will continue to flourish!

Dr Ava KWONG
General Surgery with special interest in Breast Surgery
Queen Mary Hospital



On her 20th Anniversary, my heartiest congratulations to The College of Surgeons of Hong Kong for establishing herself as a global leader in surgical education and practice, through visionary leadership, dedicated commitment, and excellent academic programs.

Dr Clement Chee-yung THAM, 1993
Department of Ophthalmology & Visual Sciences
The Chinese University of Hong Kong



During the past two decades, the College of Surgeons of Hong Kong has been dedicated to maintain and promote the highest standards of surgical practice, through its keen interest in education, training and rigorous examination and through its liaison with external medical bodies. In the years to come, I foresee an even bigger role awaiting the College as our local community transitions into a knowledge society with increasing accountability and public awareness.

Heartfelt congratulations from me and my colleagues at the Department of Surgery of University of Hong Kong on your 20th anniversary.

Prof. Ronnie POON, 1989
Division of Hepatobiliary and Pancreatic Surgery
Department of Surgery
The University of Hong Kong



承先啟後，繼往開來。
Congratulation to 20th Anniversary of
College of Surgeons of Hong Kong

Division of Paediatric Surgery
Department of Surgery,
Queen Elizabeth Hospital

Cardiothoracic Surgical team in front of the "Hall of Mirrors", making best wishes to the Vicennium of CSHK. Let us leap together to a brighter future.

Division of Paediatric Surgery,
Department of Surgery,
Queen Elizabeth Hospital



Growing with the College



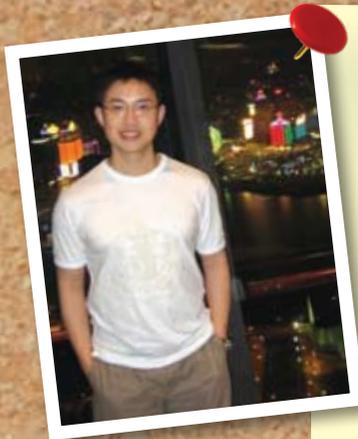
Congratulations!!

Dr Cheng Yuhmeei, HST 3,
General Surgery,
United Christian Hospital



May I take this opportunity
to wish our college and its
members every success for
the years to come.

Dr Wong Ying Way, BST 2,
General Surgery,
United Christian Hospital



**Congratulations on this
special occasion. Wish you
success in every way!**

Dr Derek Tam Tak Lap,
Specialist in Hepatobiliary Surgery,
United Christian Hospital



I would like to express my deepest
congratulations to the College for
her 20th birthday. The College has
played a pivotal role in development and
continuous training for surgeons, and
as a trainee I hope she will prosper in
different aspects in the many years
ahead.

Calvin MAK
MBBS(HKU) 2007
Basic Surgical Trainee, Neurosurgery,
Kwong Wah Hospital



Congratulations!!

Chung Lap Yan, Kenneth
HST1, Paediatric Surgery,
UCH /QEH



Over the past four decades, CSHK has distinguished itself with its remarkable achievements made possible by clear vision and dedication. Sincerest congratulations on your success and long may it continue.

Dr Chan Chiu Lung, Richie
2nd year of BST, Plastic Surgery,
Queen Mary Hospital

CSHK, strive for the best
Many Congratulations



Dr Edmond Wong
Class of 2004
Urology
QMH



I am pleased to congratulate the College of Surgeons of Hong Kong on its exceptional achievements over the past 20 years and wish it every success for its future endeavours.

Dr Chow Ling Yu, Velda
3rd year of HST, Plastic Surgery,
Queen Mary Hospital



It is my pleasure to congratulate the College of Surgeons of Hong Kong on its 20th Anniversary. During its journey over the past 20 years, the college has been committed to achieve one goal: to be a global leader in surgical education and practice. It is an extraordinary journey. It is an extraordinary mission. I would like to extend my best wishes to every member and fellow for their continued support and dedication to the college.

Dr Jimmy Chan Yu Wai, Specialist in
Plastic surgery, Queen Mary Hospital

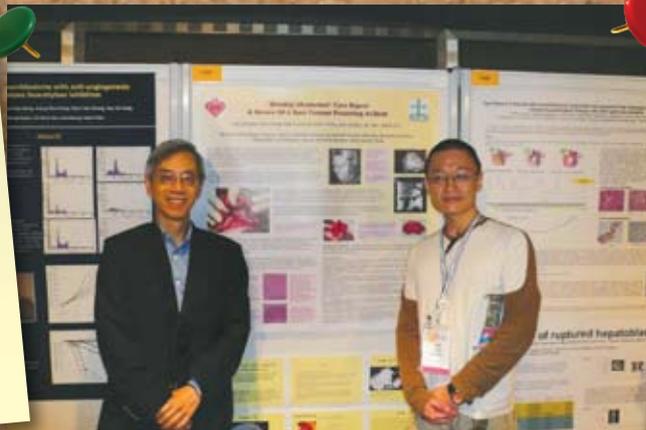


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come we're sure!

Paediatric Surgery, KCC





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同跨廿載，共閱未來

20th Anniversary Celebration Souvenir Collection Catalogue

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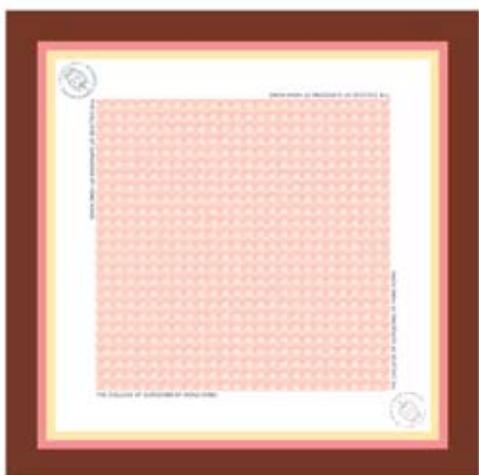
A	B	C	D	E	F	G	H
Black with light blue stripes	Blue with light blue stripes	Blue with white stripes	Light Blue with yellow stripes	Champagne yellow in dotted pattern	Golden yellow in dotted pattern	Crimson in check pattern	Brownish red in check pattern



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3. T-shirt \$80@



Size of the displayed: M

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20th Anniversary Celebration Souvenir Order Form

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3. T-shirt Size (S): _____ piece(s) Size (M): _____ piece(s) Size (L): _____ piece(s)	
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Collection Method <i>(Tick as appropriate)</i>	TOTAL PAYMENT

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Professor Htut SAING

M.B., B.S., F.R.C.S.(Edin.), F.A.C.S., F.A.A.P., F.C.S.H.K., F.H.K.A.M.(Surgery)

The Paediatric Surgery Board was deeply saddened by the passing of Professor Htut SAING on 21 May 2010, at the age of 75. Professor Saing was the Chairman of the Paediatric Surgery Board from 1993 to 1995. He was widely respected as a towering figure and contributor in the advancement of paediatric surgery in Hong Kong. Professor Saing was instrumental in the development of the Paediatric Surgical Unit of Queen Mary Hospital to the internationally recognized paediatric surgical centre of today. The Board reiterated the gratitude and deep respect with which Professor Saing is held by the Hong Kong surgical community.

On the international level, Professor Htut SAING was the elected President of the Asian Association of Paediatric Surgeons (1994-1996) and President of the Pacific Association of Paediatric Surgeons (1997-1998) which he led both associations to leap a great forward. His contribution to the academic field of paediatric surgery was immeasurable and gained a world-wide reputation by his wide publication in various prestigious paediatric surgical journals.

Professor Htut SAING touched many hearts by his dedication in service and caring for children. He would be missed by many of us not only for his excellent healing hands, but also his devoted healing heart. The Paediatric Board expressed its deepest condolences to his family on this sad occasion.

Dr Kelvin K W LIU
United Christian Hospital

Calendar of International Surgical Meeting

Date	Event	Website
21-24 July 2010	British Association of Paediatric Surgeons 57 th Annual Congress Aberdeen, Scotland, United Kingdom	
28-31 Aug 2010	10 th World Congress Gastro-esophageal Reflux Disease Boston, United States	http://www.oeso.org/
1-4 Sept 2010	Society of Laparoendoscopic Surgeons: 19 th SLS Annual Meeting and Endo Expo 2010 New York, NY, United States	conferences@sls.org
1-12 Sept 2010	ILCA 2010 - the International Liver Cancer Association's Fourth Annual Conference Montral, Canada	www.ilca-online.org
15-17 Sept 2010	15 th Congress of the European Society of Surgical Oncology (ESSO) Bordeaux, France	http://www.ecco-org.eu/Conferences-and-Events/ESSO-2010/page.aspx/1135
3-7 Oct 2010	American College of Surgeons 96 th Annual Meeting Washington, DC, United States	postmaster@facs.org
31 Oct - 4 Nov 2010	38 th Annual Meeting of the International Society for Pediatric Neurosurgery Jeju, South Korea	http://www.ispneurosurgery.org/meetings/next-annual-meeting/
14-16 Oct 2010	6 th International Congress of Asia Pacific Hernia Society (APHS) Seoul, Korea	www.aphernia.com
20-23 Oct 2010	20 th World Congress of the IASGO Cairo, Egypt	http://www.iasgo-2010.org/index.php?pageID=
21-23 Oct 2010	6 th International Congress of the Asia-Pacific Metabolic and Bariatric Surgical Society Singapore, Singapore	http://www.apmbss2010.com/
31 Oct - 4 Nov 2010	38 th Annual Meeting of the International Society for Pediatric Neurosurgery Jeju, Korea	ispn@broad-water.com
1-14 Nov 2010	The First International Multidisciplinary Forum on Palliative Care Budapest, Hungary	http://www.imfpc.org/
20-23 Oct 2010	20 th World Congress of the World Society of Cardio - Thoracic Surgeons India	http://www.wscts2010.com
31 Jan -2 Feb 2011	The Society of Thoracic Surgeons 47 th Annual Meeting San Diego, CA, United States	sts@sts.org
17-19 Feb 2011	AUSTRAMA 2011 Trauma, Critical Care and Emergency Surgery Conference Sydney, NSW, Australia	http://www.austraumaconference.org/
3-6 March 2011	The Society of Surgical Oncology Cancer Symposium 2011 San Antonio, TX, United States	MtgReg@surgonc.org
9-14 Apr 2011	79 th AANS Annual Meeting Denver, CO, United States	info@aans.org
12-16 April 2011	9 th Congress of European S Hepato-Pancreato-Biliary Association Cape Town, South Africa	www.ehpba.net

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Education & Examination Committee

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 - * Hong Kong Regional Subcommittee
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 - Plastic Surgery Board
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CSHK 2012



20th Anniversary



CSHK 20th Anniversary



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Further information is available upon request

INTRODUCING



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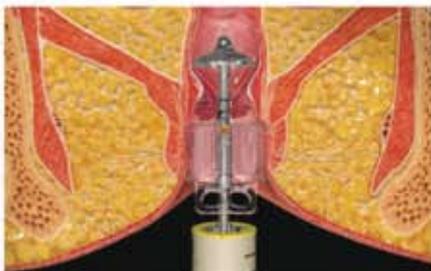
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