

WOMEN'S CHAPTER



MICKEY & MINNIE COOKIES WORKSHOP

2 APRIL 2017

Some might say that the chef and the surgeon have much in common - they both learn in the mode of apprenticeship, and the outcome depends largely on the the skills passed on by their trainers; they all work with fundamental knowledge with some added twists based on experience, according to different situations; and historically both were considered modest professions - chefs were slaves and surgeons were barbers. It's not hard to expect that quite a large number of surgeons are actually pretty good cooks too.

On Saturday 2 April 2017, members of the Women's Chapter gathered at the Cake Pop Store at Lai Chi Kok and spent a pleasant afternoon making Disney Tsum Tsum cookies.

Disney Tsum Tsum was initially developed as a mobile device puzzle game. As the Disney characters have been made rounder and cuter, Tsum Tsum version Disney characters have become extremely popular and were made into a large variety of products.

Mickey Mouse and Minnie Mouse cookies were chosen for this workshop as they are the most classic Disney characters and their silhouettes are easily recognisable. The techniques used to make these cookies are unique, with rolling and folding to create the characters' ears and face instead of using cookie moulds. The piece of dough was then cut up into thin slices and the facial features were touched up with edible colourings. Each participant was able to bring home at least 24 cookies which were delicious and free of preservative and unnatural flavourings and colourings. The cookies are readily reproducible at home, even the second generation of our female surgeons were able to master the skills and enjoyed the workshop!



Dr Lorraine CY CHOW
Queen Mary Hospital

